







# Life happens, we're here to support you!

From the convenience of your phone or desktop, connect with Peers about anything from relationships, emotions, finances, health, community, work, and more. All searches and connections are 100% anonymous and you can feel safe in our judgment free environment.

## Let's Connect!



#### Unlimited Story Listens.

Listen to encouraging messages anytime and anywhere.

#### **Unlimited** Talk Time.

Peer Listeners are available to connect through scheduled sessions, often within the same day.

#### Up to 3 Dependents.

Share access with dependents that are over 18 years of age.

## **How it works!**

1. Activate your account in minutes.

> Visit kindlyhuman.io/PYRAMIDHC to activate your benefit. Connect within the same day.

### 2. Search for support by topics.

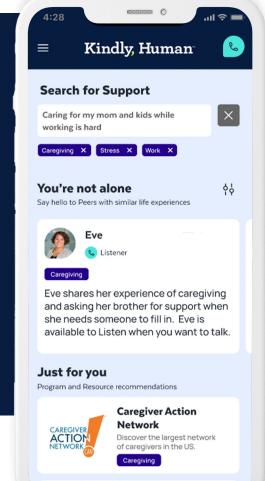
Type in the search bar what you are facing and we will match your topic of interest to relevant Peers and resources.

### 3. Listen to Peer stories & make a call.

Explore Peer stories 24/7 and when you are ready, schedule a call with a Peer Listener. Often you can connect within the same day.

### 4. Additional support.

In additional to Peers, we will share resources and additional support opportunities that align to your search.



# kindlyhuman.io/PYRAMIDHC

Effective October 1st. 2024